

COVID-19 SAFETY PLAN

Coogee Beach Volleyball Association Incorporated

Association/Club	Coogee Beach Volleyball Incorporated
Ground Location	Coogee Beach
Club Facility Location	Coogee NSW 2034
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Version	1.0
Plan last updated	10 July 2020
Robert Trzebski is responsible for this document	

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Coogee Beach Volleyball Association Incorporated (CBVA) (herein as **CBVA**) to support CBVA and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the CBVA, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at CBVA facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on CBVA's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process CBVA must consider and apply all applicable State and Territory Government and Council's restrictions and regulations. CBVA needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

CBVA retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Board of CBVA is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Board has appointed the following person as the CBVA COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Blake Bentley
Contact Email	public.officer@cbva.org.au
Contact Number	0421 805 602

CBVA expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by CBVA;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

From the proposed date of this Plan, participants will be training at Level B of the AIS Framework until otherwise instructed by State (NSW Government) / Local authorities (Randwick Council). The Plan outlines specific sport requirements that CBVA will implement for Level B (and Level C when appropriate) of the AIS Framework.

CBVA will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

CBVA will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

5. Recovery

When public health officials determine that the outbreak has ended in the local community, CBVA will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. CBVA will also consider which protocols can remain to optimise good public and participant health.

At this time the Board of CBVA will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training to occur as proclaimed by the Government of NSW. • Randwick Council approval to training at venue, if required. • State Volleyball New South Wales approval of return to training for community sport. • Club Board has approved return to training for club. • Insurance arrangements confirmed to cover training. 	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training to occur as proclaimed by the Government of NSW. • Local government/venue owner approval to training/competition at venue, if required. • National/state sporting body/local association approval to return to training/competition for community sport. • Club committee has approved return to competition for club. • Insurance arrangements confirmed to cover competition.
Training Processes	<p>CBVA's training processes should cover:</p> <ul style="list-style-type: none"> • Club to emphasise AIS Framework principle of "Get in, train, get out" – arrive ready to train. • Length and scheduling of training sessions to reduce overlap. • Clearly outline nature of training permitted (e.g. small groups to train and for team meetings, equipment/skill drills able to be used, no contact including high fives/hand shaking, no socialising or group meals). • Defined training areas for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres). • Sanitising requirements, including use of sanitising stations. • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • No sharing of personal equipment. 	<p>CBVA's training processes should cover:</p> <ul style="list-style-type: none"> • AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact. • Limit unnecessary social gatherings. • Clearly outline nature of training permitted. • Sanitising requirements continue from Level B. • Treatment of shared equipment continues from Level B. • Personal hygiene required (e.g. wash hands prior to training, no spitting) • Avoid coughing, sneezing where possible and if so conduct in a discrete manner. • Training/playing attendance register kept.

	<ul style="list-style-type: none"> • Personal hygiene required (e.g. wash hands prior to training, no spitting or coughing). • Guidance for travel arrangements (e.g. physical distancing on public transport, limit car pool/taxi/Uber and others use). • Training attendance register kept. 	
Personal health	<p>CBVA's specifics of personal health protocols should cover:</p> <ul style="list-style-type: none"> • Graded return to sport to avoid injury. • Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to and after training and use of hand sanitiser where available. • Refrain from physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Launder own training uniform and wash personal equipment. 	<p>CBVA's specifics of personal health protocols should cover:</p> <ul style="list-style-type: none"> • Requirements continue from Level B].
Hygiene	<p>CBVA's hygiene protocols to support training, should cover:</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club. • Guidelines for sanitisation and cleaning, including requirements for sanitisation stations]. 	<p>CBVA's hygiene protocols to support training, should cover:</p> <ul style="list-style-type: none"> • Hygiene and cleaning measures to continue from Level B].
Communications	<p>CBVA's communications plan to be adopted by the Club in communicating to players, coaches, members, volunteers and families. Should cover:</p> <ul style="list-style-type: none"> • How Club will brief players, coaches and volunteers on return to training protocols including hygiene protocols (e.g. website, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. • Endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. • How Club will promote good personal hygiene practices in and around training sessions and in Club facilities (e.g. posters around the beach courts and on website). 	<p>CBVA's communications plan to be adopted by the Club in communicating to players, coaches, members, volunteers and families. Should cover:</p> <ul style="list-style-type: none"> • How Club will brief players, coaches, members, volunteers and families on Level C protocols including hygiene protocols (e.g. website, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. • Continued endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. • How individuals can access mental health and wellbeing counselling services.

	<ul style="list-style-type: none"> • How individuals can access mental health and wellbeing counselling services. 	
Management of unwell participants	<p>CBVA's protocols to manage unwell participants at a club should cover:</p> <ul style="list-style-type: none"> • Isolation/medical requirements for all players, members, volunteers and their families at the onset of any symptoms including club facilities that can be used to manage symptomatic participants. • Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants. • Notification protocols for notifying public health authorities and other attendees of symptomatic participants]. 	<p>CBVA's protocols to manage unwell participants at a club should cover:</p> <ul style="list-style-type: none"> • Measures as per Level B].
Club responsibilities	<p>The club will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per the Plan. • The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance. • Coordination of Level B field and training operations. • Operation of the club's facilities in support of all Level B training activities in accordance with this Plan. 	As per Level B.